

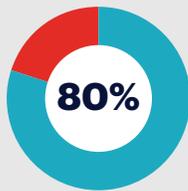
# Support Healthcare Workers to Address Burnout

When healthcare employees feel burned out due to high-stress working conditions and insufficient staffing levels, the ripple effect can be potentially disastrous for healthcare employers.

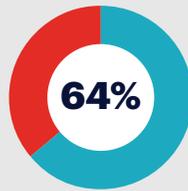
As the healthcare industry looks for ways to address employee burnout, employers should focus additional efforts on increasing employee wellness to empower their staff to deliver the best patient care possible.

## Employee Wellness Trends in Healthcare

According to a CHG Healthcare survey of more than 1,200 healthcare workers:<sup>1</sup>



of the healthcare providers surveyed were suffering some degree of burnout before the pandemic.



of those reported that it was made worse by the pandemic.

According to a 2022 study from PWC, financially stressed employees are

# 3x

as likely to feel a negative impact on their mental health due to money worries.<sup>2</sup>



The combination of working while short-staffed, pandemic-related stress and financial stress is taking a toll on employees.

In addition to patient care, healthcare employers should also prioritize employee wellness to better support a strained workforce.

## Encourage Employee Wellness to Avoid Burnout and Improve Patient Care



To address burnout and stress on healthcare employees, healthcare employers should implement strategies to support their staff and potentially improve the overall employee experience, leading to a happier workforce and better patient care.<sup>3</sup>

If employers don't address healthcare worker burnout, it will become harder for patients to get care and healthcare costs will rise.<sup>4</sup>

Providing financial wellness benefits like on-demand pay helps support staff and helps reduce their financial stress, strengthening the workforce to meet patient needs.

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<sup>1</sup> <https://chghhealthcare.com/blog/survey-healthcare-career-satisfaction-drops-burnout-rises-amid-covid-19/>

<sup>2</sup> <https://www.pwc.com/us/en/services/consulting/business-transformation/library/employee-financial-wellness-survey.html>

<sup>3</sup> <https://www.qualtrics.com/blog/improving-patient-experience-by-engaging-your-employees/>

<sup>4</sup> <https://www.hhs.gov/surgeongeneral/priorities/health-worker-burnout/index.html>